



BSA/BOWNET/ICE-20 TRADITIONS

- What you learn at **BSA/BOWNET/ICE-20** will stay with you for the rest of your life.
- **BSA/BOWNET/ICE-20** will prepare you to be ready for high school, college or any advanced play and help you grow as an athlete and as a person... you will learn to take responsibility and be accountable for yourself.
- Great athletes take responsibility for **ALL** of their actions.
- YOU ARE RESPONSIBLE for:
 - Being late.
 - Carrying your gear.
 - Getting you drinks or food once pre-game has started and during games.
 - Being on time.
 - **If you are early, you are on time...**
 - **If you are on time, you are late...**
 - **If you are late, you are probably running...**
 - **Successful players come early and leave late.**
- All Practices - Be there 15 minutes before practice time.
 - Practice time means on the field ready to go.
- All Games - Be there 75 minutes before game time.
- **ABSENCES:** If a player must miss a practice, she must contact the head coach and let them know. If a player misses the last practice before a game (without contacting the coach), she may sit the first game of the next friendly/tournament. This rule is not meant to punish players who must miss practice, it is meant to encourage and reward players who are there. The more a player is absent from practices, the less chance is that she will be playing in games. In the event that a player misses a practice or game or has to leave early from either, it is the responsibility of the player to call or check the team website and get any updated information for upcoming events. A player is expected to attend every team function unless she has been given permission from the coaching staff to be absent.
- **MULTIPLE SPORT ATHLETES:** We understand that at this age that young athletes may play another sport. If that is the case, please discuss the potential conflicts for practices and games with the coaching staff so proper adjustments can be made.
- **INJURIES:** In the event of an injury, if possible, the player should still attend practice. Much can be learned from helping coaches and listening to practice. If you are injured or become ill during a game or practice it is your responsibility to report it to a coach immediately.

EQUIPMENT

- Come prepared to play. IT IS MANDATORY THAT PLAYERS WEAR THEIR PRACTICE UNIFORMS DURING PRACTICE. All equipment should be taken care of with respect, at all times, as it will have to be returned and used by other players.
- NO ONE but YOU will carry your gear.
 - Hang your bat in the bat rack on the fence or down on the grass... NOT ON THE DIRT.
- Take Pride and Respect in your gear.
 - You worked hard for it or your parents paid a lot of money for it, make it last forever.
- Names or numbers should be on all your gear, visor, glove, bat, etc.
- Gloves will be set down open with the palm down.
- Gloves should be stored in your bag wrapped around a ball. Keep them oiled at least once a week.
- No throwing or dropping helmets.
 - Helmets are to be kept in the helmet bag or rack. Helmets are not to be left on the dugout benches or ground.
- Throwing a bat will use up your hits and will probably get you into trouble.
- Keep extra socks in a zip lock bag in your bat bag at every game and practice.
- Keep your batting gloves in a zip lock bag in your bat bag. It will prevent them from drying out.
- Shirts will be tucked in at all times. All the way around.
- Your gear must be clean at all times. Look sharp.
- Visors are part of your uniform and will be worn during games unless you are wearing a facemask.
- Cell phone use is not permitted ever (at practice, during warm-ups or at games)

UNIFORMS:

Players should ARRIVE in the correct uniform for all games and it should be clean and in good shape. Faded shirts and torn apparel should be replaced immediately; players need to contact team managers ASAP.

Please take proper care of the uniforms when washing them. Do not wash your uniform with any other clothing, including your game or practice socks. The dye in the socks and other clothing will show up on your uniforms, therefore always wash your uniform by itself.

NO DRAMA RULE: We have done our best to create a "softball sanctuary" for you and we want it to remain that way. It should be free from outside influences and drama. While we know drama is a part of our daily lives, we do not want it to enter into what we have so please do your best to avoid talking about other players.

HUSTLE: Your image as a **BSA/BOWNET/ICE-20** player is an important one. You are a member of the **BSA/BOWNET/ICE-20** Organization and are expected to conduct yourself with pride and integrity both on and off the field. YOU ARE EXPECTED TO ALWAYS RUN ON AND OFF THE FIELD DURING GAMES AND PRACTICES.

COMMUNICATION: All information concerning our softball program will be posted to our APP or on our website and/or emailed on a regular basis. We will not handout maps, practice or game schedules to the players or parents.

COLLEGE COACHES: Parents, players, fans and relatives are not to approach college coaches at the ballpark under any circumstances. Interaction with a college coach by a parent or a player is a violation of NCAA regulations. Our players, parents and other relatives must respect the privacy of the coach and allow him/her to do their job. If a coach has a question or needs information, NCAA regulations allow them to speak to the travel team coach.

Anyone that violates this policy is subject to immediate removal from the program.

HOTEL CURFEW: Player curfew will be 9:30PM (if we have a game before 9:30AM the following morning) and 11:00PM (if we have our first game after 10AM the following morning) NO EXCEPTIONS.

DUGOUT & FIELD – ONLY Coaches and Players in the dugout and on the field.

- No eating in the dugout, only when games are back to back to back.
 - Only water and sports drinks are allowed in the dugout.
 - You are responsible to have your drinks ready and in the dugout with you at game time.
 - Do not have your parents get your drinks and bring them to you in the dugout.
- Sprinting on and off the field in games and practice.
- Keeping the dugout clean and orderly at all times.
- When you are at softball, you talk about softball.
- Buddy system is 3 at all times.
- Change into cleats when you get to the field and out of them when you leave.
 - Barefoot or socks is not an option.
- No comments or disrespectful looks will be made toward the umpires or opposing teams/players.
- When coach talks or another adult speaks, listen and make eye contact, show proper respect.
- On or off the field it is expected of you to uphold the **BSA/BOWNET/ICE-20** tradition and code of conduct.
- No throwing personal or team equipment.
- No Talking with parents or friends from within the dugout while a game is going on. This is disrespectful to your teammates and coaching staff. It is your responsibility to be paying attention to the game and to let your parents and friends know not to bother you in the dugout.
- On deck batters are to pick up the batter's bat when she hits a foul ball.
- Check the lineup and roster every inning so you know where you are playing and batting.

With 2 outs in a game:

- 1st baseman and Center Fielder must have a ball in their glove ready for the next inning warmup.
- Make sure someone has gathered gloves, visors and/or masks for each player that is on base, on deck or up to bat. Once the inning ends, their gear is to be taken to their defensive position. The coaches will take their bat, helmet and batting gloves.
 - Decide who will be taking whose gear where (subs or players).
- If you are batting, make sure your teammates know where your gear is so they can gather it for you.

CONDUCT:

Good sportsmanship and professional behavior is expected at all times, and in all circumstances. FOUL LANGUAGE IS NOT ACCEPTED. There should be no conversation with umpires, coaches, players, or parents regarding a call or a play.

OFF THE FIELD CONDUCT:

It is expected that all athletes conduct themselves with the highest integrity both on and off the field. This includes (but not limited to) posts on social media. Additionally, **BSA/BOWNET/ICE-20** has a **ZERO** tolerance for drug and alcohol consumption (or association). An immediate investigation and action (up to release from the team) will be taken if an athlete is suspected of ANY participation in such activities.

FUNDRAISING: From time to time the team will participate in fundraising activities to help our community such as "Hit 4 Hope" and to help fund some of the team expenses. It is expected that all players participate in team fundraising efforts.

Player Name: _____ **Date:** _____

Player Signature: _____

PARENT RESPONSIBILITIES

- Let the coaches, coach – you as the parents, cheer... cheer as loud as you want. A good rule is that if your “cheer” begins with a verb or your child’s name followed by a verb, you are coaching. If your cheer begins with an adjective followed by your child’s name, you are cheering. Be your child’s biggest fan!
- It is essential that the players learn to hear and respond to the coach’s voices only. Parent coaching can cause confusion on the field and not only to your child, but potentially to the other players as well.
- We will position your child and instruct them where to stand in the batter’s box, whether to swing, bunt or take a pitch, throw a ball or strike, make a play to home or another base... but we will always have a strategy and a reason for doing certain things.
- We expect you to trust us and not to coach from the sidelines as it may interfere with what we are trying to accomplish.
- It is the athlete’s responsibility to make sure they have the proper items at practice and at the games. They should make sure that they have enough water, Gatorade, etc. If we have back to back games, please make sure they have the snack in their possession prior to the first game as we will not have time between games for them to leave the dugout to get food.
- Parents are not to communicate with their athletes once the game has started. That includes when they are in the dugout.
- Other than a safety issue there should be nothing that the athletes need from their parents (because they should already have everything they need).
- If you have a problem with the manager and or coaches, use the “24 hour” rule before contacting us.
- The Manager/Coaches will not to discuss playing time or game time issues with the parents during a tournament.
- Parents will not be needed during practices and/or warm up. Many of you have coached in the past so this is now your opportunity to just be a parent and enjoy your athlete on the field.
- Parents are expected to set a good example for our athletes. Alcohol and/or drug consumption at the field is strictly prohibited and any violation will be subject to administrative action.

NO DRAMA RULE: We have done our best to create a “softball sanctuary” for these girls and we want to remain that way. It should be free from outside influences and drama. While we know drama is a part of our daily lives, we do not want it to enter into what we have so please do your best to avoid talking about other players and/or parents unless it is to praise them.

HUSTLE: Your daughter’s image as a **BSA/BOWNET/ICE-20** player is an important one. She is a member of the **BSA/BOWNET/ICE-20** Organization and is expected to conduct herself with pride and integrity both on and off the field. SHE IS EXPECTED TO ALWAYS RUN ON AND OFF THE FIELD DURING GAMES AND PRACTICES.

COMMUNICATION: All information concerning our softball program will be posted on our APP or on our website and/or emailed on a regular basis. We will not handout maps, practice or game schedules to the players or parents.

COLLEGE COACHES: Parents, players, fans and relatives are not to approach college coaches at the ballpark under any circumstances. Interaction with a college coach by a parent or a player is a violation of NCAA regulations. Our players, parents and other relatives must respect the privacy of the coach and allow him/her to do their job. If a coach has a question or needs information, NCAA regulations allow them to speak to the travel team coach.

- DO NOT represent your daughter at anytime during college showcases or during any recruiting event unless asked upon by your travel ball coach or by the college coach requesting to speak with players parents.
- DO NOT touch or add any player profile handouts to the team’s players box unless given permission by travel ball coach. If there are any errors on sheets, please report it to the coaches and it will get corrected.
- DO NOT have any negative conversations about any players or about any lack of colleges in attendance. WE DO NOT have any control of the numbers of colleges attending our games. PLEASE BE RESPECTFUL!

Any parent that violates this policy is subject to immediate removal from the program.

PARENT COMPLAINTS: Do NOT approach a coach during, before or after a game because tension and pressure is higher at that time. Any comments or complaints should be discussed with the Head Coach only, and away from the ballpark, away other parents and certainly not where players can hear the discussion. The coaches will have an open-door policy as long as comments and complaints handled appropriately. Any parent and/or relative and/or person who violates this policy is subject to having their player immediately and permanently removed from the team.

PARENT CONDUCT: Parents are expected to conduct themselves in a manner that exhibits good sportsmanship and sets an example for their children. Cheering and having fun is always welcome. Parents yelling at players, coaches, the opposing team or umpires will not be tolerated. Coaches are the only people permitted to address an umpire and they will do so at their discretion. From time to time we will play teams whose coaches and/or fans will act inappropriate; we will not tolerate that behavior in our organization. People who are unable to behave themselves and set an example of how to act with class will have their player removed from the team.

Playing time, positioning, batting order, etc. will be at the discretion of the head coach and will not be a topic of discussion with parents. Parents are encouraged to help their daughter improve her skills by working with her themselves or taking her to individual lessons and camps. Playing time and positioning decisions will be based on merit and game situations. The coaches reserve the right to remove a player from the roster for the actions of the player's parents if such actions are deemed by the coaches to have a negative impact on the team's overall performance and/or moral.

HOTEL CURFEW: Player curfew will be 9:30PM (if we have a game before 9:30AM the following morning) and 11:00PM (if we have our first game after 10AM the following morning) NO EXCEPTIONS.

HOTEL ACCOMODATIONS: Parents are required to pay for their own travel expenses. When possible, we will book hotel room blocks for every event. Parents are required to book hotel rooms (for stay to play events) from specified blocks.

FUNDRAISING: From time to time the team will participate in fundraising activities to help our community such as "Hit 4 Hope" and to help fund some of the team expenses. It is expected that all players participate in team fundraising efforts.

FEES: There will be a one-time per season fee for equipment payable to **Bownet Youth Sports**. Each team will have monthly dues that will cover tournament entry fees and other team expenses. The amount of the dues and the terms will be slightly different from team to team and will be communicated to you before final commitment. The dues cover most of the season's expenses. Each team may do some fundraising to complete the balance of the funds needed. It is expected that each player/family participate in the fundraising efforts.

Having fully read the above, we fully acknowledge and understand the Team Guidelines for The **BSA/BOWNET/ICE-20** Softball Program.

Parent Name: _____ **Date:** _____

Parent Signature: _____



BOWNET YOUTH SPORTS
AGREEMENT, WAIVER, AND RELEASE

PARTICIPANT NAME _____ PHONE _____ (DAY)

AGE _____ DATE OF BIRTH _____ PHONE _____ (EVENING)

ADDRESS _____ CITY _____ ZIP _____

PARENT/GUARDIAN NAMES _____

EMERGENCY CONTACT (NAME AND PHONE) _____

Medical Conditions or Allergies _____

Physician Name _____ Phone _____

The participant will be playing in a softball program. As such, the participant will be subject to catching and hitting balls thrown at a high rate of speed; catching balls in the air and on the ground that are hit at a high rate of speed; running at a high rate of speed; sliding into bases; possible collision with other participants; possibly being hit by a thrown or hit ball; and other elements common in the sport of softball.

In consideration for being permitted by the Bownet Youth Sports organization to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the Bownet Youth Sports, Bownet Sports Academy, ICE-20, and any other Bownet organizations (its officers, coaches, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost or expense which they may incur as the result of my death or injury or property damage that I may sustain while participating in said activity.

PARENTAL CONSENT: (to be completed and signed by parent/guardian if applicant is under 18 years of age)

I hereby consent that my **daughter**, _____ participate in the above activity, and I hereby execute the above Agreement, Waiver and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost or expense which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity.

In case of an emergency, I hereby give my consent to authorize medical care for my daughter by her team manager, assistant coaches, or any Bownet Youth Sports official.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE BOWNET YOUTH SPORTS ORGANIZATION AND I SIGN IT OF MY FREE WILL.

PARENT SIGNATURE _____ DATE _____

PRINT PARENT NAME _____

Distribution: One electronic copy to BYS, hard copy to the team manager and participant



Medical Release Form

I hereby give permission for my daughter to become a member of the Bownet Sports Academy Softball team. I understand that the Bownet Youth Sports, Bownet Sports Academy or any Bownet staff is not responsible for personal injury or loss of property. I hereby give my consent and permission to Bownet and its staff to obtain medical care for our daughter.

(Name of player) (Date of Birth)

In the event of an emergency that would reasonably require medical care for the above named player while she is participating in activities sponsored by the Bownet, I further agree to pay for all medical charges incurred for such care, not covered by the Bownet insurance policy.

_____/_____
Signature of Parent or Guardian Date

For Emergency (Name):

Relation: _____ Phone: _____
(We will always try to notify parents first)

Doctor: _____ Phone: _____

Dentist: _____ Phone: _____

List any Medical Problems/Disabilities/Medications: _____

Mother's Name: _____ Father's Name: _____

Street Address: _____

City: _____ ZIP: _____

Home Phone: _____ Work Phone: _____

Mother's Cell: _____ E-mail Address: _____

Father's Cell: _____ E-mail Address: _____